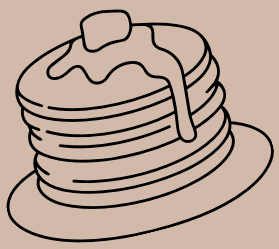


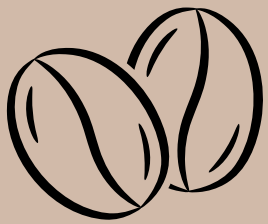


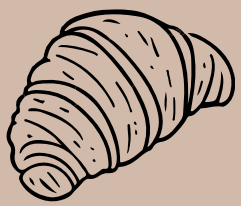
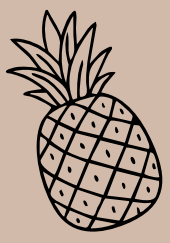



Breaking Bread

MENU




BREAKFAST *All Day*

An English in Dubai 69

Egg's Your Way, Beef Bacon, Chicken Breakfast Sausage, Baked Beans, Corn & Potato Patty, Mushroom, Cherry Tomato, Sourdough Bread



An English in Dubai

Grilled Halloumi Breakfast 67

Halloumi, Avocado, Kale, Sweet Potato, 2 Poached Eggs, Mix Quinoa, Dried Cranberry, Sesame Seeds



Grilled Halloumi Breakfast

Egg White Omelette 46

4 Eggs, Side Salad, Sliced Baguette

Traditional Omelette 45

3 Eggs, Side Salad, Sliced Baguette

Add on

Tomato, Onion, Capsicum, Mushroom	10
Cheddar or Feta Cheese	8
Chicken or Avocado	16
Turkey Ham	13
Smoked Salmon	21
Prawns	19
Chicken Sausage 3pc	16

Shakshuka 59

Tomato Sauce, Bell Pepper Mix, Baked Eggs, Chicken Breakfast Sausage, Side Baguette

Add on: Feta Cheese 7

Keto Breakfast 57

Two Eggs Your Way, Mushrooms, Spinach, Cherry Tomato, Avocado, Grilled Halloumi

Add on: Bread Siding 6



Keto Breakfast



Vegan Breakfast

Vegan Breakfast 57

Tofu Scramble, Mushrooms, Avocado, Baked Baby Potato, Overnight Oats, Sourdough Baguette

Croissants - *Straight from the Oven*

Plain	18	Cheese	22	Pistachio Croissant	30
Nutella	23	Ham & Cheese	28	Omelette Croissant	44

Buckwheat Benedict NEW! 59

Buckwheat, Sautéed Mushroom, Two Poached Eggs, Hollandaise Sauce, Parmesan Cheese



Buckwheat Benedict

Avocado Toast 56

Sourdough Baguette, Smashed Avocado, Cherry Tomato, Feta Cheese, Pomegranate Seeds, Balsamic Glaze



Avocado Toast

Royale Eggs Benedict 72

Sourdough Bread, Two Poached Eggs, Spinach, Hash Brown, Cherry Tomato, Mushroom, Hollandaise Sauce, Smoked Salmon



Royale Eggs Benedict

Add on

Two Poached Eggs	**12**
Smoked Salmon	**21**
Prawns	**19**

Brisket Benedict NEW! 78

Sour Dough, Avocado, BBQ Brisket, Poached Eggs, Onion Confit, Hollandaise, Baked Baby Potato



Brisket Benedict

Sweet Mornings

Pancake 55

- Berries Maple Syrup
- Nutella Banana
- Matcha Blueberries

Overnight Oats 30

- Mix Berries
- Green Apple
- Chocolate Banana

VEGAN



Overnight Oats

SALADS

Steak & Avocado KETO 64

Tenderloin Steak, Baby Gem Lettuce, Avocado, Red Radish, Parmesan Cheese, Horse Radish Dressing



Steak & Avocado (Keto)

Protien Bowl NEW! 63

Buckwheat, Avocado, Chickpeas, Sweet Potato, Cabbage, Grilled Chicken, Miso dressing



Protien Bowl

Mediterranean Fig Delight 59

Bulgur Wheat, Rocca, Baby Spinach, Dates, Fig, Feta Cheese, Date Vinaigrette



Mediterranean Fig Delight

Lean Beef Brisket KETO 64

Smoked Beef Brisket on BBQ Sauce, Mix Cabbage, Gherkins, Cherry Tomato, Horse Radish Dressing



Lean Beef Brisket (Keto)

Caesar 52

Chicken Breast, Romaine Lettuce, Croutons, Corn, Parmesan Cheese, Caesar Dressing

Super Food with a Kick 55

Avocado, Kale, Quinoa, Broccoli, Sweet Potato, Feta Cheese, Pomegranate Seeds, Nuts, Fresh Chilli, Pomegranate Dressing



Super Food with a Kick

Greek Salad 52

Tomato, Cucumber, Capsicum, Kalamata Olives, Feta Cheese, Onion, Lemon Oregano Olive Oil Dressing

Quinoa Crush NEW! 53

Quinoa , Sweet Corn, Cucumber, Capsicum, Avocado, Lemon Olive Oil Dressing

Add on

Smoked Salmon	***21***
Grilled Salmon	***42***
Beef Tenderloin	***21***
Beef Brisket	***21***
Prawns	***19***
Grilled Chicken	***16***
Poached Egg	***6***

SANDWICHES

Choice of Bread: Wholemeal, Sourdough Panini, Sourdough Bauguette

Steak Baguette 65

Tenderloin Steak on BBQ Sauce, Cheddar Cheese, Capsicum Mix, Baked Onion, Side Salad & Baked Sweet Potato

Add on: Beef Tenderloin 21



Steak Baguette

Club Sandwich BB 62

Sourdough Panini, Egg, Chicken, Turkey Ham, Cheddar Cheese, Lettuce, Tomato, Mayonnaise, Side Salad



Pastrami Panini

Pastrami Panini NEW! 56

Beef Pastrami, Sourdough Panini, Rocca, Roasted Capsicum, Kalamata Olives, Honey Mustard

Tuna Melt 49

Sourdough Panini, Tuna, Capers, Kale, Celery, Onion, Tomato, Mayonnaise, Cheddar Cheese, Side Salad



Tuna Melt

Chicken Pesto Panini NEW! 54

Sourdough Panini, Pesto Sauce, Chicken, Buffalo Mozzarella, Sun Dried Tomato

Lean Beef Brisket 63

Smoked Beef Brisket On BBQ Sauce, Sourdough Bun, Dijon Mustard, Baby Gem, Gherkins, Red Chilli, Side Salad & Sweet Potato

Add on: Avocado 15



Lean Beef Brisket

Loaded Meatball Melt 62

Homemade Meatballs, Rich Tomato Ragu, Parmesan Cheese, Oregano, Fresh Basil , Sourdough Panini, Side Salad



Loaded Meatball Melt

SANDWICHES



Chicken Avo Wrap

Chicken Avo Wrap KETO 56

Protein Bread, Grilled Chicken, Avocado, Tomato, Mozzarella Cheese, Rocca, Side Salad

Add on: Chicken / Avocado **16**

Veggie Burger VEGAN 49

Sourdough Bun, Veggie Patty, Baby Spinach, Spicy BBQ Salsa, Side Salad

Quesadilla 65

Beef Brisket / Beef Tenderloin / Chicken
Protein Bread, Cheddar Cheese, Black Olives, Tomato, Corn, Mushroom, Kale, Side Sour Cream & Guacamole



Chicken Quesadilla



40

Soups

Autumn Pumpkin

Creamy Pumpkin Soup

Tomato & Basil

Roasted Tomato, Basil, Cooking Cream , Capsicum, Olive Oil

Mushroom

Creamy Mushroom Soup

Pasta Lover

Fresh Tortellini VEGETARIAN 58

Fresh Spinach & Ricotta Tortellini, Creamy White Sauce, Baby Spinach, Parmigiano Reggiano, Cherry Tomato

Penne Arrabiata VEGAN 46

Penne Pasta, Pomodoro Sauce, Chilli Flakes, Black Olives, Basil, Parmigiano Reggiano

Penne Alfredo 47

Penne Pasta, Creamy White Sauce, Mushrooms, Basil, Parmigiano Reggiano



Spaghetti Meatball

Spaghetti Meatball 59

Spaghetti, Pomodoro Sauce, Home Made Meatballs, Parmigiano Reggiano

DINNER *Specials*

Grilled Chicken Bowl 67

Marinated Grilled Chicken Breast, Baked Baby Potato, Broccoli, Tahina Sauce, Lemon Wedge



Grilled Chicken Bowl

Traditional Lasagna 65

Traditional Beef Lasagna



Traditional Lasagna

Meatball & Mash Potato 60

Creamy Mash Potato, Home Made Meatballs, Mushroom Gravy Sauce, Coleslaw Salad

Teriyaki Salmon NEW! 79

Teriyaki Marinated Grilled Salmon, Homemade Cauliflower Rice, Beetroot Cabbage Pickle



Teriyaki Salmon



King Grilled Salmon

King Grilled Salmon 79

Grilled Salmon, Creamy Mash Potato, Broccoli Lemon Butter Sauce

Choice of Basmati rice available

Chicken Schnitzel 75

Crispy Chicken Breast, Creamy Mash Potato, Coleslaw Salad, Gravy Sauce

Thai Green Curry 54

Creamy Green Curry, Baby Corn, Mix Capsicum Eggplant, Basmati Rice



Thai Green Curry

Truffle & Mushroom Risotto 58

Risotto Rice, Truffle, Parmesan Cheese, Wild Mushrooms

Seafood Risotto 65

Risotto Rice, Prawns ,Parmesan Cheese, Green Peas, Cherry Tomato, Paprika



Bakery

Gluten Free Loaf 350g	29	**Baguette Wholemeal**	16
Sourdough Panini	16	**Baguette Traditional Rustic**	16
Sourdough Loaf 600g	29	**Multigrain Loaf**	29

DESSERTS

Apple Pie	36	**Lemon Cake**	24
Carrot Cake	40	**Banana Bread**	24
Chocolate Lava	45	**Orange Cake** *Gluten Free*	22
Homemade Cookie	12	**Tiramisu**	37



Chessecake

Classic	36	Mango	37	Blueberry	37	Strawberry	37



Chocolate Lava



Orange Cake *Gluten Free*



Carrot Cake



Cheesecake



Apple Pie

Ice Coffee

Iced Mocha	24
Iced Americano	21
Cold Brew	24
Cold Brew Milk & Hazelnut	26
Iced Spanish Latte	25
Iced Pistachio Latte	27
Iced Latte	23
Iced Cappuccino	23
Freddo Espresso	23
Iced Chocolate	25

Hot Tea

BB Signature Tea Fresh Lemon, Ginger, Turmeric, Honey	25
Karak Chai	20
English Tea | Green Tea	21
Chamomile	21

Hot Coffee

Milk Choice: Soya/ Almond/ Coconut/ Oat

Espresso Single / Double	17/ 19
Macchiato Single / Double	17/ 19
Americano	21
Cappuccino	23
Flat White	23
Café Latte	23
Cortado	22
Mocha	24
Hot Chocolate	24
Spanish Latte	25
Pistachio Latte	27
French Press	23
Bulletproof Espresso	23
Bulletproof Americano	26
NEW! **Pumpkin Spice Latte** Hot/ Cold	26

FRESH JUICES

100% FRESH 34

Orange
Lemon
Carrot
Apple *(Green - Red)*
Watermelon
Lemon & Mint

ORGANIC
MATCHA



Matcha Latte	25
Iced Matcha Latte	25
Matcha Lemonade	29
Peach Matcha	29
Mango Matcha	29
Strawberry Matcha	29

SMOOTHIES

NO SUGAR ADDED 34

Mango Lime
Mango, Lime, Mint

Detox
Celery, Green Apple, Lemon, Carrot

Pink Chia
Chia, Strawberry, Banana, Orange

Grasshopper
Cucumber, Spinach, Kale, Pineapple

4 Seasons
Pineapple, Orange, Watermelon, Mango

Duracell
Peanut Butter, Almond Milk, Dark Chocolate, Banana

Power Booster
Peach, Orange Juice, Mango, Strawberry, Ginger

Immune Booster
Pineapple, Ginger, Lemon, Turmeric, Red Apple

THE PROTEIN LAB

NO SUGAR ADDED 35

Berry Beast
Blueberry, Greek Yogurt, Oats, Chia Seeds, Vanilla Protein, Full Fat Milk

Mango Muscle
Mango, Spinach, Greek Yogurt, Chia Seeds, Vanilla Protein

Citrus Charge
Orange, Banana, Greek Yogurt, Almond Milk, Vanilla Protein

Tiramisu Gains
Espresso, Chia Seeds, Oat Milk, Vanilla Protein, Cocoa

Tropical Thunder
Pineapple, Ginger, Coconut Milk, Chia Seeds, Vanilla Protein



ICE TEA

Lemon | Peach | Passion Fruit | Mango | Strawberry 27

LEMONADE

Classic | Peach | Passion Fruit | Strawberry | Ginger Cooler 27

ITALIAN SODAS

Tomarchio Orange	21
Tomarchio Cola	21
Tomarchio Lemon	21

SOFT DRINKS / WATER

Ginger Ale	21
Pepsi Regular / Diet	21
Still Water (Imported) S / L	16/ 21
Sparkling Water (Imported) S / L	16/ 21
Coconut Water	19

FREE DELIVERY

ALL OVER DUBAI MARINA

Breaking Bread

SCAN FOR LOCAL DELIVERY

Breaking Bread

About Breaking Bread

Breaking Bread Dubai is a charming cafe located in the heart of Dubai Marina. Our cozy atmosphere and inviting space make us the perfect spot for a casual breakfast, lunch, or dinner, as well as meeting up with friends and family. Start your day with our delicious breakfast options. For lunch, enjoy a selection of freshly prepared dishes, including our popular signature flatbreads, salads, and sandwiches. In the evening, savor a delightful dinner with our diverse menu that caters to various tastes. We use the freshest ingredients to craft each dish. Additionally, complement your meals with hot beverages such as coffee and tea, or cool off with refreshing cold drinks like mocktails, smoothies, and Lemonades.

Open Daily 7am - 11 pm

04 553 9882

MAG 218 Tower, Dubai Marina

Menu