



Breaking Bread

M E N U

BREAKFAST

All Day

An English in Dubai 69

Egg's Your Way, Beef Bacon, Beef Sausage, Baked Beans, Corn & Potato Patty, Mushroom, Cherry Tomato, Rye Bread



An English in Dubai

Grilled Halloumi Breakfast 67

Halloumi, Asparagus, Avocado, Kale, Sweet Potato, Egg, Mix Quinoa, Dried Cranberry, Sesame Seeds.



Grilled Halloumi Breakfast

Shakshuka 54

Tomato Sauce, Bell Pepper Mix, Baked Eggs, Side Wholemeal Baguette

Add on: Feta Cheese 7

Keto Breakfast 57

Two Eggs Your Way, Mushrooms, Spinach, Cherry Tomato, Avocado, Grilled Halloumi

Add on: Bread Siding 6



Keto Breakfast

Egg White Omelette 46

4 Eggs, Side Salad, Sliced Baguette

Traditional Omelette 45

3 Eggs, Side Salad, Sliced Baguette

Add on

Tomato, Onion, Capsicum, Mushroom	9
Cheddar or Feta Cheese	7
Chicken or Avocado	16
Turkey Ham	13
Smoked Salmon	21
Prawns	19



Vegan Breakfast

Vegan Breakfast 57

Tofu Scramble, Mushrooms, Avocado, Baked Baby Potato, Overnight Oats, Sourdough Baguette

Turkish Breakfast 56

Greek Yogurt in Dill Leaves & Garlic, Tomato Sauce, Two Poach Eggs, Smoked Beef Sausage, Chilli Butter Sauce, Garlic Butter Sourdough Bread



Croissants - Straight from the Oven

Plain 17
Nutella 23

Cheese 22
Ham & Cheese 28

Pistachio Croissant **NEW!** 30
Omelette Croissant 44

Corn & Zucchini Fritters **NEW!** 61

Zucchini & Corn Fritters, Green peas, Avocado, Poached Egg, Pomegranate & Hollandaise Sauce



Avocado Toast

Avocado Toast **VEGETARIAN** 55

Choice of Baguette / Rye Bread / Sourdough Bread

Add on

Two Poached Eggs 12
Smoked Salmon 21
Prawns 19

Protein Pancake **VEGETARIAN** 55

Nutella & Banana / Berries & Maple Syrup

Add on: Mix Berries 11

Brisket Benedict **NEW!** 78

Sour Dough, Avocado, BBQ Brisket, Poached Eggs, Onion Confit, Hollandaise, Baked Baby Potato



Brisket Benedict



Corn & Zucchini Fritters

Royale Eggs Benedict 72

Rye Bread, Two Poached Eggs, Spinach, Asparagus, Hash Brown, Cherry Tomato, Mushroom, Hollandaise Sauce

Choice of

Smoked salmon Beef bacon
Beef bresaola Turkey ham



Royale Eggs Benedict

Chilled Mornings

Acai Bowl **VEGAN** 45

Acai Berry Puree, Banana, Strawberry, Granola, Blueberry, Goji Berry

Add on: Peanut Butter 6

Overnight Oats **VEGAN** 30

Mix Berries / Green Apple, Walnut & Cinnamon

SALADS

Steak & Avocado 64

Tenderloin Steak, Baby Gem Lettuce, Avocado, Red Radish, Parmesan Cheese, Horse Radish Dressing



Steak & Avocado (Keto)



Lean Beef Brisket (Keto)

Lean Beef Brisket 64

Smoked Beef Brisket on BBQ Sauce, Mix Cabbage, Gherkins, Cherry Tomato, Horse Radish Dressing

Greek Salad 52

Tomato, Cucumber, Capsicum, Kalamata Olives, Feta Cheese, Onion, Lemon Oregano Olive Oil Dressing

Super Food with a Kick 55

Avocado, Kale, Quinoa, Broccoli, Sweet Potato, Feta Cheese, Pomegranate Seeds, Nuts, Fresh Chilli, Pomegranate Dressing

Caesar 52

Chicken Breast, Romaine Lettuce, Croutons, Parmesan Cheese, Caesar Dressing



Super Food with a Kick

GoldBeet Salad 51

Beetroot, Baby Spinach, Rocca, Bulgur, Orange, Goat Cheese, Green Apple, Walnuts, Lemon Olive Oil Dressing



GoldBeet Salad

Quinoa Crush 53

Quinoa , Sweet Corn, Cucumber, Capsicum, Avocado, Lemon Olive Oil Dressing

Add on

Smoked Salmon	21
Grilled Salmon	42
Beef Tenderloin	21
Beef Brisket	21
Prawns	19
Grilled Chicken	16
Mix Vegetables	11

SANDWICHES

Choice of Baguette: Wholemeal, Traditional, Zaatar, Mediterranean, Black Olive Pesto Cheese, Rustic, Ciabatta

Steak Baguette 65

Tenderloin Steak on BBQ Sauce, Cheddar Cheese, Capsicum Mix, Baked Onion, Side Salad & Baked Sweet Potato

Add on: Beef Tenderloin 21

Club Sandwich BB 62

Rye Bread, Egg, Chicken, Turkey Ham, Cheddar Cheese, Lettuce, Tomato, Mayonnaise, Side Salad



Steak Baguette



The Tandoor Sizzler by Tazo

Tuna Melt 49

Malted Grain Ciabatta, Tuna, Capers, Kale, Celery, Onion, Tomato, Mayonnaise, Cheddar Cheese, Side Salad

Loaded Meatball Melt 62

Homemade Meatballs, Rich Tomato Ragu, Parmesan Cheese, Oregano, Fresh Basil, Malted Grain Ciabatta, Side Salad

The Tandoor Sizzler by Tazo 50

Spicy Chicken Tikka, Cucumber, Yogurt, Tomato, Onions, Dill Sauce, Side Salad

Lean Beef Brisket 63

Smoked Beef Brisket On BBQ Sauce, Wholemeal Bagel, Dijon Mustard, Baby Gem, Gherkins, Red Chilli, Side Salad & Sweet Potato

Add on: Avocado 15



Loaded Meatball Melt



Lean Beef Brisket

Vegan Smoked Tofu 48

Ciabatta Tomato, Avocado, Tomato, Grilled Tofu, Tahini, Rocca, Side Salad

Scottish in Paris 57

Wholemeal Bagel, Smoked Salmon, Onion Confit, Cream Cheese, Rocca, Balsamic Glaze, Side Salad

SANDWICHES



Chicken Avo Wrap

Chicken Avo Wrap 56

Protein Bread, Grilled Chicken, Avocado, Tomato, Mozzarella Cheese, Rocca, Side Salad

Add on: Chicken / Avocado 16

Veggie Burger 48

Wholemeal Bagel, Veggie Patty, Baby Spinach, Spicy BBQ Salsa, Side Salad

Quesadilla 65

Beef Brisket / Beef Tenderloin / Chicken Protein Bread, Cheddar Cheese, Black Olives, Tomato, Corn, Mushroom, Kale, Side Sour Cream & Guacamole



Chicken Quesadilla



Soups

40

Autumn Pumpkin

Creamy Pumpkin Soup

Minestrone

Tomato, Carrot, Celery, Beans, Beef Tenderloin, Macaroni

Mushroom

Creamy Mushroom Soup

Pasta Lover

Fresh Tortellini 58

Fresh Spinach & Ricotta Tortellini, Creamy White Sauce, Baby Spinach, Parmigiano Reggiano, Cherry Tomato

Penne Arrabiata 46

Penne Pasta, Pomodoro Sauce, Chilli Flakes, Black Olives, Basil, Parmigiano Reggiano

Penne Alfredo 46

Penne Pasta, Creamy White Sauce, Mushrooms, Basil, Parmigiano Reggiano



Spaghetti Meatball 59

Spaghetti, Pomodoro Sauce, Home Made Meatballs, Parmigiano Reggiano

DINNER

Specials

Grilled Chicken Bowl 67

Marinated Grilled Chicken Breast, Baked Baby Potato, Broccoli, Tahina Sauce, Lemon Wedge



Grilled Chicken Bowl



King Grilled Salmon

King Grilled Salmon 79

Grilled Salmon, Creamy Mash Potato, Broccoli Lemon Butter Sauce

Choice of Basmati rice available

Truffle & Mushroom Risotto 58

Risotto Rice, Truffle, Parmesan Cheese, Wild Mushrooms

Thai Green Curry 54

Creamy Green Curry, Baby Corn, Mix Capsicum Eggplant, Basmati Rice



Thai Green Curry

Add on

Smoked Salmon	22
Grilled Salmon	43
Prawns	19
Chicken	16
Mix Vegetables	11

Lasagna 65

Traditional Beef Lasagna



Lasagna

Seafood Risotto 65

Risotto Rice, Prawns, Parmesan Cheese, Green Peas, Cherry Tomato, Paprika



Bakery

Gluten Free Loaf 350g	28	Baguette Wholemeal	16
Ciabatta Malted Grain	14	Baguette Mediterranean	17
Bagel Wholemeal	14	Baguette Traditional Rustic	16
Sourdough 600g	26	Baguette Black Olive Pesto & Cheese	17
Black Forest Rye Bread 600g	26	Baguette Zatar	19

DESSERT

Apple Pie	33	Lemon Cake	24
Carrot Cake	37	Banana Bread	24
Belgian Chocolate	31	Orange Cake <i>Gluten Free</i>	20
Rocher Royale	35	Pain Au Chocolate	19
		Tiramisu	33
		Muffins	19
		<i>Chocolate / Blueberry</i>	



Chessecake

Classic	36	Mango	37
Blueberry	37	Strawberry	37



Rocher Royale



Orange Cake *Gluten Free*



Carrot Cake



Blueberry Chessecake



Apple Pie

Ice Coffee

Iced Mocha	24
Iced Americano	21
Cold Brew	24
Cold Brew <small>Milk & Hazelnut</small>	26
Iced Spanish Latte	25
Iced Latte	23
Iced Cappuccino	23
Freddo Espresso	23
Iced Chocolate	25

Hot Tea

BB Signature Tea	25
<small>Fresh Lemon, Ginger, Turmeric, Honey</small>	
Karak Chai	20
English Tea Green Tea	21
Chamomile Earl Grey	21

Hot Coffee

Espresso <small>Single / Double</small>	17/ 19
Macchiato <small>Single / Double</small>	17/ 19
Americano	21
Cappuccino	23
Flat White	23
Café Latte	23
Cortado	22
Mocha	24
Hot Chocolate	24
Spanish Latte	25
French Press	23
Bulletproof Espresso	23
Bulletproof Americano	26

Choose Your Milk

Soya/ Almond/ Coconut/ Oat + 5 Aed

Choose Your Syrup

Caramel/ Hazelnut/ Vanilla + 5 Aed



ORGANIC MATCHA CORNER

Matcha Latte	24	Peach Matcha	29
Iced Matcha Latte	24	Mango Matcha	29
Matcha Lemonade	30	Strawberry Matcha	29
Dirty Matcha Latte	30	Matcha Smoothie	34

FRESH JUICES



Orange	Carrot	Watermelon
Pineapple	Apple <small>(Green - Red)</small>	Lemon & Mint

SMOOTHIES



34

Mango Lime

Mango, Lime, Mint

Acai Ocean

Acai Puree, Fresh Berries, Banana, Almond Milk

Detox

Celery, Green Apple, Lemon, Carrot

Pink Chia

Chia, Strawberry, Banana, Orange

Grasshopper

Cucumber, Spinach, Kale, Pineapple

4 Seasons

Pineapple, Orange, Watermelon, Mango

Duracell

Peanut Butter, Almond Milk, Dark Chocolate, Banana

Power Booster

Peach, Orange Juice, Mango, Strawberry, Ginger

Immune Booster

Pineapple, Ginger, Lemon, Turmeric, Red Apple

Date Avocado

Date, Avocado, Almond Milk, Honey



Grasshopper



Immune Booster



Detox

ICE TEA

Lemon | Peach | Passion Fruit | 27
Mango | Strawberry

LEMONADE

Classic | Peach | Passion Fruit | 27
Strawberry | Ginger Cooler

SHAKES

Vanilla Shake	29
Double Chocolate Shake	29
Date Shake	29

SOFT DRINKS / WATER

Ginger Ale	21
Pepsi Regular / Diet	21
Still Water (Imported) S / L	16/ 21
Sparkling Water (Imported) S / L	16/ 21
Coconut Water	19

BREAKING BREAD

**HAS
MOVED TEMPORARILY TO**

**GOODFELLAS
PIZZERIA**

**COFFEE AND
BREAKFAST
SERVED**

MAG 218 TOWER

**YOU CAN STILL ENJOY YOUR FAVORITE DISHES BY
ORDERING THROUGH DELIVEROO, TALABAT, NOON OR
CAREEM.**



Breaking Bread

About Breaking Bread

Breaking Bread Dubai is a charming cafe located in the heart of Dubai Marina. Our cozy atmosphere and inviting space make us the perfect spot for a casual breakfast, lunch, or dinner, as well as meeting up with friends and family. Start your day with our delicious breakfast options. For lunch, enjoy a selection of freshly prepared dishes, including our popular signature flatbreads, salads, and sandwiches. In the evening, savor a delightful dinner with our diverse menu that caters to various tastes. We use the freshest ingredients to craft each dish. Additionally, complement your meals with hot beverages such as coffee and tea, or cool off with refreshing cold drinks like mocktails, smoothies, and Lemonades.

Menu



Open Daily 7am - 12am



04 553 9882



MAG 218 Tower, Dubai Marina

