



Breaking Bread

M E N U

BREAKFAST

All Day

An English in Dubai 66

Egg's Your Way, Beef Bacon, Beef Sausage, Baked Beans, Corn & Potato Patty, Mushroom, Cherry Tomato, Rye Bread



An English in Dubai

Grilled Halloumi Breakfast 64

Halloumi, Asparagus, Avocado, Kale, Sweet Potato, Egg, Mix Quinoa, Dried Cranberry, Sesame Seeds.



Grilled Halloumi Breakfast

Egg White Omelette 42

4 Eggs, Side Salad, Sliced Baguette

Traditional Omelette 42

3 Eggs, Side Salad, Sliced Baguette

Add on

Tomato, Onion, Capsicum, Mushroom	6
Cheddar / Feta Cheese	6
Chicken / Avocado	15
Turkey Ham	12
Smoked Salmon	20
Prawns	18

Italian Eggs Benedict 58

Olive Pesto Cheese Baguette, Poached Egg, Beef Bresaola, Spinach, Asparagus, Cherry Tomato, Mushroom, Hash Brown, Hollandaise Sauce



Turkish Breakfast

Keto Breakfast 56

Two Eggs Your Way, Mushrooms, Spinach, Cherry Tomato, Avocado, Grilled Halloumi

Turkish Breakfast 49

Greek Yogurt, Tomato Sauce, Poach Eggs, Smoked Beef Sausage, Chilli Butter Sauce, Dill Leaves, Garlic, Sourdough Bread



Keto Breakfast

Vegan Breakfast 51

Tofu Scramble, Hummus, Kale blueberry salad, Overnight oats, Rye Bread

BREAKFAST

All Day

Breakfast on Bagel 61

Wholemeal Bagel, Cream Cheese, Avocado, Smoked Salmon, Egg's Your Way, Onion Rings and Side Salad



Breakfast on Bagel



Croissants

Plain	15	Ham & Cheese	23
Nutella	17	Almond Flakes & Dates	18
Cheese	17	Omelette Croissant	45



Avocado Toast

Avocado Toast 50

Choice of Baguette / Rye Bread / Sourdough Bread

Add on

Two Poached eggs	12
Smoked Salmon	20
Prawns	18

Pancake 48

Nutella & Banana / Berries & Maple Syrup

Add on: Mix Berries 10



Berries & Maple Syrup Pancake

Shakshuka 49

Tomato Sauce, Bell Pepper Mix, Baked Eggs, Side Wholemeal Baguette

Add on: Feta Cheese 6

Bread Basket 39

Croissant Plain, Assorted Baguettes, Jam, Honey, Butter, Feta Cheese



Royale Eggs Benedict

Royale Eggs Benedict 66

Rye Bread, Poached Eggs, Smoked Salmon, Spinach, Asparagus, Hash Brown, Cherry Tomato, Mushroom, Hollandaise Sauce

Acai Bowl 42

Acai Berry Puree, Banana, Strawberry, Granola, Blueberry, Goji Berry

Add on: Peanut Butter 5

Overnight Oats 28

Mix Berries / Green Apple, Walnut & Cinnamon

SALADS

Steak & Avocado 61

Tenderloin Steak, Baby Gem Lettuce, Avocado, Red Radish, Parmesan Cheese, Horse Radish Dressing



Steak & Avocado (Keto)



Lean Beef Brisket (Keto)

Lean Beef Brisket 59

Smoked Beef Brisket on BBQ Sauce Mix Cabbage, Cucumber Pickles, Cherry Tomato, Horse Radish Dressing

The Healthy 52

Lettuce, Corn, Red Kidney Beans, Mix Quinoa, Cherry Tomato, Avocado, Chicken, Sesame Seeds, Lemon Mustard Olive Oil Dressing

Mediterranean Fig Delight 56

Bulgur Wheat, Rocca, Baby Spinach, Dates, Fig, Feta Cheese, Date Vinaigrette

Greek Salad 49

Tomato, Cucumber, Capsicum, Black Olives, Feta Cheese, Onion



Super Food with a Kick

Caesar 49

Chicken Breast, Romaine Lettuce, Croutons, Parmesan Cheese, Caesar Dressing

Super Food with a Kick 52

Avocado, Kale, Quinoa, Broccoli, Sweet Potato, Feta Cheese, Pomegranate Seeds, Nuts, Fresh Chilli, Pomegranate Dressing

Burrata Salad 61

Mix Grill Veggies, Rocca, Cherry Tomato, Burrata, Balsamic Glaze, Pesto Dressing, Baby Spinach



Burrata Salad

Seasonal Fruit Salad 40

Add on

Smoked Salmon	20
Grilled Salmon	40
Beef Tenderloin	20
Beef Brisket	20
Prawns	18
Chicken	15
Mix Vegetables	10

SANDWICHES

Choice of Baguette: Wholemeal, Traditional, Zaatar, Mediterranean, Black Olive Pesto Cheese

Steak Baguette 59

Tenderloin Steak, Cheddar Cheese, BBQ Sauce, Capsicum Mix, Onion, Side Salad, Sweet Potato

Add on: Beef Tenderloin 20

Club Sandwich BB 59

Rye Bread, Egg, Chicken, Turkey Ham, Cheddar Cheese, Lettuce, Tomato, Mayonnaise, Side Salad



Steak Baguette



Club Sandwich BB

Tuna Melt 45

Olive Ciabatta, Tuna, Capers, Pickles, Kale, Celery, Onion, Sliced Tomato, Mayonnaise, Cheddar Cheese, Side Salad

Vegan Smoked Tofu 45

Ciabatta Olive, Avocado, Tomato, Grilled Tofu, Tahini, Rocca, Side Salad

The Tandoor Sizzler by Tazo 46

Spicy Chicken Tikka, Cucumber, Yogurt, Tomato, Onions, Dill Sauce, Side Salad

Lean Beef Brisket 59

Smoked Beef Brisket On BBQ Sauce, Wholemeal Bagel, Baby Gem, Pickles, Red Chilli, Side Salad, Sweet Potato

Add on: Avocado 15



Lamb of Arabia



Lean Beef Brisket

Lamb of Arabia 51

Lamb, Capsicum Mix, Tahini Sauce, Pomegranate Seeds, Cucumber, Balsamic Glaze, Side Salad

Add on: Lamb 15

Veggie Burger 45

Wholemeal Bagel, Veggie Patty, Baby Spinach, Spicy BBQ Salsa, Side Salad

SANDWICHES



Chicken Avo Wrap

Chicken Avo Wrap 52

Protein Bread, Chicken, Avocado, Tomato, Mozzarella Cheese, Rocca, Side Salad

Add on: Chicken / Salmon 15 / 20

Scottish in Paris 54

Wholemeal Bagel, Smoked Salmon, Onion Confit, Cream Cheese, Rocca, Balsamic Glaze, Side Salad

Bresaola Sandwich 53

Beef Bresaola, Buffalo Mozzarella, Tomato, Rocca, Tomato Ciabatta, Pesto, Side Salad

Quesadilla 65/60

Beef Brisket / Beef Tenderloin / Chicken Protein Bread, Cheddar Cheese, Black Olives, Tomato, Corn, Mushroom, Kale, Side Sour Cream & Guacamole



Chicken Quesadilla

FLAT BREADS

Signature



Queen Margherita

Bresaola & Goat Cheese 52

Homemade Dough, Pizza Sauce, Mozzarella & Goat Cheese, Beef Bresaola, Rocca, Sundried Tomato

Pepperoni 52

Homemade Dough, Pizza Sauce, Mozzarella Cheese, Fresh Pepperoni, Italian Beef Sausage

Queen Margherita 50

Homemade Dough, Pizza Sauce, Mozzarella Cheese, Buffalo Cheese, Basil

Avocado Lover 51

Homemade Dough, Avocado, Black Olives, Cherry Tomato, Onions, Balsamic Glaze



Bresaola & Goat Cheese

DINNER

Specials

Grilled Chicken Bowl 62

Marinated Grilled Chicken Breast, Baked Baby Potato, Broccoli, Tahina Sauce, Lemon Wedge



Grilled Chicken Bowl



King Grilled Salmon

King Grilled Salmon 75

Grilled Salmon, Creamy Mash Potato, Broccoli Lemon Butter Sauce

Choice of Basmati rice available

Truffle & Mushroom Risotto 55

Risotto Rice, Truffle, Parmesan Cheese, Wild Mushrooms

Penne Arrabiata 43

Penne Pasta, Pomodoro Sauce, Chilli Flakes, Black Olives, Basil

Penne Alfredo 43

Penne Pasta, Creamy White Sauce, Mushroom

Seafood Risotto 61

Risotto Rice, Prawns, Parmesan Cheese, Green Peas, Cherry Tomato, Paprika



Thai Green Curry

Add on

Smoked Salmon	20
Grilled Salmon	40
Prawns	18
Chicken	15
Mix Vegetables	10



Lasagna

Thai Green Curry 47

Creamy Green Curry, Baby Corn, Mix Capsicum Eggplant, Basmati Rice

Goodness Bowl 56

Chicken Breast, Basmati Rice, Asparagus, Avocado, Cherry Tomato, Goodness Dressing

Lasagna 61

Traditional Beef Lasagna



Soups

Barley

Chicken , Barley , Tomato, Dill Leaves

Beef Borsht

Beetroot, Mix cabbage, Beef Tenderloin, Carrot, Sour Cream

Minestrone

Tomato, Carrot, Celery, Thyme, Beans, Beef Tenderloin, Macaroni

Mushroom

Creamy Mushroom Soup



Minestrone Soup



Mushroom Soup



Bakery

Gluten Free Loaf 350g	26
Ciabatta Olive	13
Ciabatta Tomato & Basil	13
Bagel Wholemeal	13
Sourdough 600g	24
Black Forest Rye Bread 600g	24

Baguette Wholemeal	15
Baguette Mediterranean	16
Baguette Traditional Rustic	15
Baguette Black Olive Pesto & Cheese	16
Baguette Zatar	18

DESSERT

Apple Pie	31
Carrot Cake	35
Belgian Chocolate	26
Rocher Royale	31



Chesecake

Classic	34	Mango	35
Blueberry	35	Strawberry	35



Carrot Cake

Lemon Cake	22
Banana Bread	22
Orange Cake <i>Gluten Free</i>	14
Pain Au Chocolate	17
Tiramisu	31
Muffins	17
<i>Chocolate / Blueberry</i>	
Cruffins	26

*Blueberry / Vanilla / Pistachio /
Coconut & Passion Fruit*



Blueberry Cheesecake



Rocher Royale



Cruffins



Hot Tea

Breaking Bread Signature Tea 23

Fresh Lemon, Ginger, Turmeric, Honey

Karak Chai 19

Moroccan Tea 23

English Tea | Green Tea 19

Chamomile | Earl Grey 19



Hot Coffee

Espresso Single / Double 16 / 18

Macchiato Single / Double 16 / 18

Americano 20

Cappuccino 21

Flat White 21

Café Latte 21

Cortado 20

Mocha 22

Matcha Latte 22

Hot Chocolate 22

Spanish Latte 23

French Press 22

Bulletproof Espresso 22

Bulletproof Americano 25

Ice Coffee

Iced Mocha 23

Iced Matcha Latte 22

Iced Americano 20

Cold Brew 22

Cold Brew Milk & Hazelnut 24

Iced Spanish Latte 23

Iced Latte 22

Iced Cappuccino 22

Choose Your Milk

Soya/ Almond/ Coconut/ Oat + 4 Aed

Choose Your Syrup

Caramel/ Hazelnut/ Vanilla + 5 Aed

FRESH JUICES



32

Orange | Pineapple | Carrot | Apple | Mango | Watermelon |
Grape Fruit | Lemon & Mint

SMOOTHIES



32

Mango Lime

Mango, Lime, Mint

Acai Ocean

Acai Puree, Fresh Berries, Banana, Almond Milk

Detox

Celery, Green Apple, Lemon, Carrot

Pink Chia

Chia, Strawberry, Banana, Orange

Grasshopper

Cucumber, Spinach, Kale, Pineapple

4 Seasons

Pineapple, Orange, Watermelon, Mango

Duracell

Peanut Butter, Almond Milk, Dark Chocolate, Banana

Sweet Mango

Mango, Yogurt, Agave, Quinoa, Coconut Milk

Immune Booster

Pineapple, Ginger, Lemon, Turmeric, Red Apple

Date Avocado

Date, Avocado, Almond Milk, Honey

ICE TEA

Lemon | Peach | Passion Fruit | 27
Mango | Strawberry

LEMONADE

Classic | Peach | Passion Fruit | 27
Strawberry | Ginger Cooler

SHAKES

Vanilla Shake	27
Double Chocolate Shake	27
Date Shake	27
Matcha Frappe	30

SOFT DRINKS / WATER

Ginger Ale	20
Pepsi Regular / Diet	20
Still Water (Imported) S / L	15 / 20
Sparkling Water (Imported) S / L	15 / 20
Coconut Water	17

MOCKTAILS

Mojito

Classic / Passion Fruit / Strawberry

27

Cherry Lady

Green Apple, Lemon, Passion Fruit, Cherry, Mint

27



Breaking Bread

About Breaking Bread

Breaking Bread Dubai is a charming cafe located in the heart of Dubai Marina. Our cozy atmosphere and inviting space make us the perfect spot for a casual breakfast, lunch, or dinner, as well as meeting up with friends and family. Start your day with our delicious breakfast options. For lunch, enjoy a selection of freshly prepared dishes, including our popular signature flatbreads, salads, and sandwiches. In the evening, savor a delightful dinner with our diverse menu that caters to various tastes. We use the freshest ingredients to craft each dish. Additionally, complement your meals with hot beverages such as coffee and tea, or cool off with refreshing cold drinks like mocktails, smoothies, and Lemonades.

Menu



Open Daily 7am - 11pm



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